

## **Morning Offering**

O my Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day, for all the intentions of Your Most Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of our most Holy Father, the Pope. Take my body, Jesus, my eyes, my ears, my tongue. Never let them, Jesus, help to do you wrong. Take my heart and mind and fill them with love for you. All I have I give to You. I give my very self to you. Amen.